

## Our Great Swim...

As most of you know from reading our last newsletter, my husband and I completed the Great North Run raising over £1200 for the National Deaf Children's Society. This year my challenge is to participate in the Great London swim in July, which involves swimming a mile in Victoria Docks. Taking on the challenge with me, is my sister, Jan, and this year we are supporting the charity Asthma UK. My sister has suffered with asthma from an early age and despite being heavily reliant on inhalers she has never let it stop her doing anything! Not even this!! Nevertheless with over 5.2 million people suffering with asthma in the UK it felt like an excellent charity to be raising money for.

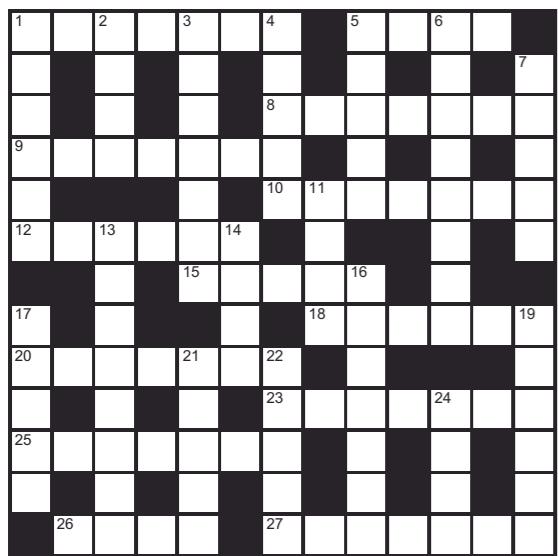


So with many months of training already behind us, and with the event getting ever closer, our main aim now is to raise as much money as we can which will make all the hard work worthwhile. If you would like to sponsor us then you can either visit our webpage <http://www.justgiving.com/Helen-Jan> or send a cheque made payable to Asthma UK to Monmouthshire Hearing Centre, 7 Agincourt St, Monmouth NP25 3DZ.

In our next edition we will let you know how we got on and the money we raised.

## Win a Prize!

Congratulations to Mr G Richardson, who was the lucky winner of our crossword puzzle in our last newsletter. If you would like to be a winner of £25 worth of M&S Vouchers all you need to do is complete the crossword below with your name, address and telephone number and return it to our shop via post or hand by 31st August. The first correct answer drawn will win. Good Luck!



### Across

- 1. Methods (7)
- 5. Expel (4)
- 8. Of no use (7)
- 9. Strategic withdrawal (7)
- 10. Low shrub (7)
- 12. Having a hood (6)
- 15. Portals (5)
- 18. Climbing device (6)
- 20. Mother and father (7)
- 23. Communications satellite (7)
- 25. Blunder (7)
- 26. Denomination (4)
- 27. Pigsty (7)

### Down

- 1. Quest (6)
- 2. Set of clothing (4)
- 3. Went in (7)
- 4. Compass point (5)
- 5. Last letter of the Greek alphabet (5)
- 6. Person who tends sheep (8)
- 7. Consumers (5)
- 11. Nobleman (4)
- 13. Pass (8)
- 14. Do not (4)
- 16. Young tree (7)
- 17. Very little bit (5)
- 19. Seldom (6)
- 21. The dark (5)
- 22. Divest (5)
- 24. Duration (4)



## Recycling... You Can Help!

Britain is currently Europe's poorest battery recycler, achieving only 2.8% recycling in 2008. To help Britain meet its legal commitment to achieve 25% recycling by 2012, Monmouthshire Hearing Centre has joined the BatteryBack collection network. So if you aren't already recycling your hearing aid batteries, now's the time to start! Whenever you've finished with a battery pop it into a spare container or bag and bring it with you whenever you come in to see us.

# HEARtoday

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## Welcome...

In World War I parrots were kept on the Eiffel Tower because of their remarkable sense of hearing. When parrots heard enemy aircraft approaching they could warn everyone of the danger long before any human ear would hear it.



...to our summer edition of HEARtoday. At last we've finally said goodbye to the cold weather and can now look forward to a long hot summer...

The world of audiology is continuously changing and in this edition I'll be telling you about all things "bluetooth," as well as answering some popular questions about batteries. You also have the chance of winning some Marks & Spencers gift vouchers by completing our crossword puzzle and also finding out more about getting involved in recycling your batteries.

In addition, if any of you would prefer to receive correspondence via email then please let me know.

As always I welcome your comments so please feel free to call on **01600 772111** or email [info@monmouthshirehearing.co.uk](mailto:info@monmouthshirehearing.co.uk).

Have a lovely summer.

Helen  
RHAD FSHAA

MONMOUTHSHIRE  
HEARING CENTRE

